

BARBARA LEE SENIOR CENTER
40 N. Milpitas Blvd
Milpitas, CA 95035
(408) 586-3400
Monday-Friday, 8:30 AM-4:30 PM



SENIOR CONNECTION NEWSLETTER

MEET OUR NEWEST STAFF!



WELCOME JENNY MAI Front Desk Staff

Jenny and her family of seven siblings immigrated from Vietnam to Milpitas in the 70's. You can currently find Jenny working the morning shift at the Senior Center Front Desk. During Jenny's free time, she loves to be creative and make origami, the art of paper folding! Swing by the front desk to see some of her wonderful creations!

WELCOME VINCE COLLANTES Kitchen & Program Assistant

Vince is currently a student at San Jose State University studying Recreation Therapy. When not working hard at the lunch program check in desk or assisting with senior programs, you will find Vince traveling, playing sports and spending quality time with his friends and family.



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Barbara Lee Senior Center Memberships



Milpitas' Barbara Lee Senior Center is for adults 50+. A Senior Center Membership is required to participate in all programs (unless otherwise noted, such as Lunch Program or Bingo). Membership fees are \$12 for Milpitas residents and \$30 for non-residents. Milpitas residents must show 2 proofs of residency for discount rate. **Please note:** For any total of \$10-\$50 there is a \$1 processing fee. For totals of \$51 or more the processing fee is \$3. **Processing fees are non-refundable.**

CASE MANAGEMENT SERVICES

If you are a Senior Center Member, you can take advantage of our Case Management Services. Lechi Nguyen is available by appointment only to assist seniors in the following areas:

- * Social Services: Medicare, Medi-Cal, Social Security, Health Insurance, S.S.I.
- * In Home Care Needs Resources (No Home Visits)
- * Transportation Resources
- * PG&E Bill Assistance (H.E.A.P. & Care Programs)
- * Low Income Telephone Programs
- * Food Vouchers, Brown Bag, Meals-On-Wheels
- * Citizenship & Immigration Challenges
- * Housing Resources
- * Adult Day Care Referrals



To make an appointment, please call **(408) 586-3405**.

Additional Senior Center Services

- Blood Pressure Readings
- Applications for VTA RTCID Cards (for discount monthly passes for seniors or with disabilities)
- Legal Services (SALA): 2nd & 3rd Thursday monthly, 10:00 AM-Noon (call 408-586-3400 for appt.)
- Outreach Transportation
- Loan Closet (walkers, wheelchairs, etc) available for members to borrow.



November 2 — November 25, 2015

If your holiday gift giving includes candy, here's an opportunity to buy See's Candies at a discounted price (up to 22% on some items) - and we will even do the shopping for you!

Order forms are available at the Senior Center. All orders with full payment are due Wednesday, November 25th. Your candy order will be available starting Wednesday, December 2nd at the Senior Center. This is the 10th year the Senior Center is offering the Group Order Program.

Please note this is not a fundraiser—the price you pay is the price paid to See's Candies).

Don't forget to order a box for yourself!

Fitness Room

Why pay expensive fitness center prices to stay healthy when you can use the Senior Center Fitness Room for a fraction of the cost? We have treadmills, elliptical machines, stationary bikes and weight equipment available for you.

Please Note: Only Senior Center Fitness Passes are valid at the Senior Center (no Sports Center Fitness Passes). Unauthorized personal training or fitness instruction is not permitted in our facility.

Senior Center Fitness Passes Fees

- 5 Visit Pass \$7.50
- 10 Visit Pass \$15.00
- 15 Visit Pass \$22.50
- 20 Visit Pass \$30.00



Fitness Room Orientations

3rd Friday of each month • 1:00 PM

Learn how to safely use the Fitness Room equipment from a professional ! There is no fee for this orientation, but we do ask that you sign-up in advance at the Front Desk at least one day prior. As with any exercise program, please be sure to check with your doctor before starting.

Personal Trainer Sessions

The Senior Center has a personal trainer that can assist you with your fitness needs. Michelle Creamer is a Certified Personal Trainer and Senior Fitness Specialist that you can work with directly in our Fitness Room. She will meet with you to talk about your needs, put together a workout schedule and help train you in the Fitness Room to help meet your goals! Clients schedule and pay for their training sessions directly with the trainer. To talk with Michelle Creamer about scheduling a session call (408) 221-3500.

PICKLEBALL

Tuesdays, 1:30PM-4:00PM
SENIOR CENTER AUDITORIUM
FREE

Check out the latest craze in Adult Fitness! Pickleball has the combined features of badminton, tennis and ping pong; but also has its own unique features too! A net and court will be set-up for your enjoyment. Drop in and check it out! Equipment is provided, or you may bring your own paddle. Four people can play at a time so players will need to rotate in and out as games finish.



Health Education Classes

Mondays, 10:00 AM

Muscle & Skeletal Pain: November 2, 9, 16 & 30

Do you or a loved one suffer from back pain, neck pain, knee pain, or osteoporosis? Do you want to learn about how you can reduce your pain and manage your health? Medical students from Stanford School of Medicine will be offering this health education class on muscle and skeletal pain. Participants will have the opportunity to learn about muscle and skeletal pain, participate in exercises and body language classes, ask questions particular to their situation(s), and connect with trained health coaches from the School of Medicine. Please contact Gunsagar Gulati, ggulati@stanford.edu should you have questions about this class. These Health Education Classes will continue and each month a different topic will be featured.

Please Note: The same information is repeated each week for the month.

December Health Education Topic: Stress Management:

More information provided in November!

Housing Discrimination — Project Sentinel

Tuesday, November 3rd / 10:30 AM

Have you ever felt you were being discriminated against by a landlord and didn't know who to talk to about it? Frances Nguyen, Fair Housing Coordinator at Project Sentinel, will talk about what can be done in addition to how to recognize and report housing discrimination based on age, source of income, disability or race. Project Sentinel is a non-profit organization that helps provide housing solutions and community mediation.

New Member Orientations:

Tuesdays, November 10th & December 8th / 10:00 AM

If you are new to the Barbara Lee Senior Center or would like a refresher on all of the wonderful services and activities, please join us on the second Tuesday of the month for an informative presentation and tour. Please sign up at the Front Desk or by calling (408) 586-3400.

Veterans: Understanding Your Burial Benefits

Tuesday, November 10th / 10:30 AM

If you are a veteran, please join us at this free seminar to gain an understanding of the death benefits you and your spouse are entitled to. You'll learn the 10 important facts every veteran should know, learn how to reduce stress for your loved one, and you can request a free Veterans Planning Guide to document your information. This information will be presented by a representative from Dignity Memorial. Please sign-up at the Front Desk by November 9 so the presenter can bring enough materials.

Kaiser Permanente Enrollment:**Tuesday, November 24th & Tuesday, December 22nd / 10:00 AM- Noon**

Carl S. Foster, a representative of Kaiser Permanente, will be at the Senior Center to present information on it's Senior Advantage healthcare coverage program. If you decide to enroll, Carl can assist you with the enrollment application process. Kaiser Permanente has a 5-star rating by Medicare and is able to accept enrollments year round.

Beating The Holiday Blues**Thursday, December 10th / 10:30 AM**

The holidays are a joyous season for many, while for others, it can be depressing. But it doesn't have to be! Join us to learn some ways that you can beat the holiday blues! This presentation is by Andria Reta from Independence at Home, a SCAN community service.

Cookie Exchange**Tuesday, December 15th / 11:00 AM**

If you enjoy baking, help spread some holiday spirit by sharing your favorite cookies (and the recipe) with others. Participants are asked to bring 3-4 dozen cookies, copies of the recipe for everyone to have and an empty container (for the cookies you're taking home). At the Exchange, participants will trade cookies and recipes with each other and can talk about why it's their favorite holiday cookies. Please do not bring store bought cookies. Deadline to sign up is Friday, December 11.

New Year's Eve Lunch**Tuesday, December 29th / Noon**

Join us for an early New Year's Eve celebration. The lunch room will be decorated; we'll have party hats and noise makers to say good-bye to 2015 as we welcome in (a little early) 2016! The menu entrée for this day is Seafood Cioppino. Reservations can be made starting Wednesday, December 16.

Open Enrollment: 2016 Health Care Plan

Each year the Open Enrollment period for changing health care plans is mid-October-early December. If you're "shopping around" for a new plan or want to hear about changes in your current plan, the Senior Center has scheduled some representatives to present their information.

Thursday, November 5 at 10:00 am – Blue Shield HMO / Medicare Advantage (Michelle Campbell)

Friday, November 6 at 10:00 am – Stanford Healthcare Advantage (Michelle Campbell)

Thursday, November 12th at 10:00 am - Medicare / HICAP (Marcelo Espiritu)

Friday, November 13 at 10:00 am - CareMore Health Plan (Noel Mangoba)

Friday, November 20 at 10:00 am – Alignment Health Plan — formerly Citizens Choice (Kim Dao)

Thursday, December 3rd at 10:00 am—Medicare and Medi-Cal / HICAP (Marcelo Espiritu)



BARBARA LEE SENIOR CENTER HOLIDAY LUNCH PARTY!

Friday, December 18th / 11:00 AM — 1:00 PM

Celebrate the holidays this year at the Senior Center Holiday Lunch Party & Sing-Along! We will have music, dancing and a special enhanced lunch menu complete with raffle drawings and prizes. There's a rumor that a special guest from the North Pole may also be joining us! Stay a while after lunch for a sing along and hot-cocoa. Lunch reservations can be made at the Senior Center's Front Desk (408-586-3400), starting December 7 until December 16. The Senior Nutrition Program suggested contribution is \$3 for seniors 60 years and older, \$6 for guests under 60.

FROM OUR FAMILY TO YOURS

MUTLU YILLAR!

Happy Holidays!

Joyeuses fêtes!

Frohe Feiertage!

God ferie!

إجازة سعيدة!

节日快乐!

Kalés gorpés!

時候の挨拶を申し上げます。

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Auguri!

С праздником!

¡Felices Fiestas!

God Helg!



MILPITAS RECREATION STAFF 2015

Birthday Celebration

October, November & December Birthdays

Tuesday, December 15th (RSVP by December 14th) / 11:30 AM

The Senior Center celebrates birthdays on a quarterly basis during our lunch program. If you were born in October, November or December come celebrate with us! We'll have music, birthday cake & ice cream and a raffle drawing. Call (408) 586-3413 to make your lunch reservation (see menu for lunch choices). The suggested lunch contribution is \$3 for ages 60+ (\$6 for guests under 60).

Barbara Lee Senior Center

November 2015 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Roast Beef with Gravy <i>or</i> Lemon Grass Pork	3 Crusted Fish with Lemon	4 Rotisserie Chicken & Black Bean & Kale Soup 	5 Beef Butternut Squash Stew <i>or</i> Ginger Beef with Green Onions	6 Pork Chop with Onion Gravy
Alternate Choices: Chinese Chicken Salad <i>or</i> Lentil Salad <i>or</i> Waldorf Turkey Pita <i>or</i> Veggie Burger				
9 Mushroom Chicken <i>or</i> Fish with Tomato Curry	10 Asian Pork Tenderloin & Corn Chowder Soup 	11  Senior Center Closed for Veterans Day Holiday	12 Chicken Scaloppini <i>or</i> Japanese-Style BBQ Chicken	13 Lemon Garlic Tilapia
Alternate Choices: BBQ Chicken Salad <i>or</i> Veggie Black Bean & Quinoa Salad <i>or</i> Vietnamese Pork Sandwich <i>or</i> Veggie Pita				
16 Sweet & Sour Pork <i>or</i> Chicken with Mushroom Black Pepper Sauce	17 Beef Stuffed Bell Pepper	18 Sweet Hot Mustard Chicken	19 Rosemary Turkey with Gravy & Pumpkin Soup  <i>or</i> Braised Spare Ribs with Pumpkin	20 BBQ Chicken
Alternate Choices: Santa Fe Chicken Salad <i>or</i> Cottage Cheese & Fruit Salad <i>or</i> Turkey Grape Wrap <i>or</i> Egg Salad Sandwich				
23 Open Faced Turkey Sandwich <i>or</i> Beef Shank with Chinese Turnip	24 Thanksgiving Lunch  Roast Turkey with Gravy & Cranberry	25 Broiled Tilapia Parmesan	26 27 Senior Center Closed for Thanksgiving Holiday 	
Alternate Choices: Chicken Caesar Salad <i>or</i> Black Bean & Orzo Salad <i>or</i> Roast Beef on Rye Sandwich <i>or</i> Veggie Wrap				
30 Lemon Herbed Chicken <i>or</i> Taiwan Minced Pork with Egg	1 Roast Beef with Gravy	2 Pineapple Glazed Pork & Vegetable Soup	3 Chili Rellenos Casserole <i>or</i> Cilantro Chicken 	4 Spaghetti with Meatballs
Alternate Choices: Chef Salad <i>or</i> Spinach/Walnut/Cranberry Salad <i>or</i> Turkey Sandwich <i>or</i> Black Bean Burger				

- **Call (408) 586-3413 to make or cancel your reservation.** Reservations are required to guarantee a lunch. *If you are unable to come for lunch and fail to cancel your reservation, your remaining reservations will be canceled until we hear from you.*
- **Reservations must be made by Noon (12:00 pm) 2 days before you plan to attend (order by Noon on Thursday for a Monday lunch).**
- Suggested contribution is \$3.00 for seniors 60 years and older. Guests under 60 are \$6.00.
- Check-In Desk is open 10:30-11:45 am. Please check-in by 11:30 am or your lunch may be given to someone on the Waiting List.
-  Indicates meals that exceed 1,000 mg of sodium.

Register on Nov. 9th!

Joy of Color – Oil Painting

This course teaches students to paint representative landscapes so knowledge of drawing is not needed. Using an innovative technique, this course “re-educates” people to learn perspective-based drawing. Students must bring their own supplies. A supply list is available at the Senior Center Front Desk. Instructor: Doreen Walker. *** No Class December 22nd-31st**

#2944	Tuesdays	9:00 AM-Noon	12/8-1/26*	6 days	\$36 (\$46 non-res)
#2945	Wednesdays	9:00 AM-Noon	12/9-1/27*	6 days	\$36 (\$46 non-res)
#2946	Wednesdays	1:00-4:00 PM	12/9-1/27*	6 days	\$36 (\$46 non-res)
#2947	Thursdays	9:00 AM–Noon	12/10-1/28*	6 days	\$36 (\$46 non-res)

Line Dancing

Line Dancing does not require a partner and is a fun and great way of exercising. New Beginner is for students with no Line Dance experience. Beginner Level 2 is for students who have had Line Dance classes. Advanced Beginner is for students who have had 6-12 months of Line Dance classes. Students can only register for one class. Students need to wear appropriate clothing and shoes (no black soled shoes) for dancing. Instructor: Can Tu Ly. *** No Class 12/23 & 12/30**

#2956	New Beg:	Wednesday	9:00-10:00 AM	12/9-1/27 *	6 days	\$12 (\$22 non-res)
#2957	Beg 2:	Wednesday	10:00-11:00 AM	12/9-1/27*	6 days	\$12 (\$22 non-res)
#2958	Adv Beg:	Wednesday	11:00 AM-Noon	12/9-1/27*	6 days	\$12 (\$22 non-res)

Spring Chickens

Mondays, 10:00-11:00 AM and Thursdays, 8:50-9:50 AM

You'll be led through chair-based exercise routines designed to improve strength, balance, agility, endurance and flexibility in older adults. Nutrition education will also be covered. Students should wear comfortable clothing that allows movement.

Instructor: Sylvia from Fit is Gold. ***No Class on 1/18**



#2965	Mondays & Thursdays	See Description	10/22-12/17*	16 days	\$32 (\$42 non-res)
#2966	Mondays & Thursdays	See Description	1/4-3/3*	16 days	\$32 (\$42 non-res)

Chinese Brush Painting

These classes explore the beauty of Chinese brush painting. Students learn how to paint birds, flowers, insects and landscapes on rice paper. Instructor: Betty Ling * **No Class 12/21-1/1 & 1/18**

#2963	Beg.	Mondays	12:30-3:30 PM	12/7-1/25 *	5 days	\$30	(\$40 non-res)
#2957	Adv.	Fridays	12:30-3:30 PM	12/11-1/29 *	6 days	\$36	(\$46 non-res)

Computer & Technology Classes

Beginning Level 1 & 2 Computer classes and Integrating Technology classes are offered in partnership between Milpitas Adult Education and the Senior Center. Class information is in the Milpitas Adult Education’s Class Guide. Classes are held at the Senior Center but all registration is done by Milpitas Adult Education.

The Basics (Beg 1)	Wed	1:00-2:30 pm	1/6-2/10	6 days	\$30
Beyond Basics (Beg 2)	Wed/Th	1:00-2:30 pm	2/24-3/10	6 days	\$30
Integrating Technology	Th	1:00-2:30 pm	1/7-2/11	6 days	\$30

Register for these computer classes through Milpitas Adult Education

(408) 635-2692 / 1331 E. Calaveras Blvd., Milpitas

Adulted.musd.org

TRIPS & ADVENTURES

Preview of Premier World Discovery Trips

Tuesday, February 2nd / 10:30 AM

If you enjoy new experiences and traveling, come learn about the upcoming trips the Senior Center is offering! Kris Adams, from Premier World Discovery Trips will present information on these upcoming long-distant trips. Detailed flyers are available at the Senior Center. Extended Stay trips require full payment 75 days prior to departure.

2016 Extended Stay Trips – Detailed flyers are available at the Senior Center

- Charleston & Savannah (departs 4/10/16, 7 days)
- Southwest Trains & Canyons (departs 6/16/16, 8 days)
- Canadian Rockies Getaway (departs 7/17/16, 6 days)
- Heritage Highlights (departs 9/27/16, 9 days)
- Venice & the Italian Lakes (departs 10/4/16, 9 days)



Zumba Gold

Tuesdays & Thursdays • 10:00 AM

\$2 Drop-in

Zumba is a fitness class with Latin flair. It brings dance style rhythms in a fun party-like environment while promoting strength, flexibility and balance. Zumba Gold is modified for older adults. *This class is popular and usually sells out. Participants need to buy their own ticket starting at 8:45 AM on day of class.* Maximum class size is 30 participants. Instructor: Toni Perrina.

Beginning Yoga

Tuesdays & Fridays • 8:40 AM

Enjoy the many benefits of Yoga! Please wear stretch pants and t-shirt and bring your own mat, large towel, yoga strap (or old neck tie). **Please Note:** Maximum of 25 participants per class.

Quilting Bee

1st & 3rd Tuesday of Month • 1:30 PM

If working with fabric and creating memories is your thing, come join in! Quilters will be responsible for purchasing their own supplies for quilting projects.

Chair Exercises

Mondays & Thursdays • 11:10 AM-Noon

You can improve your balance, stretch & tone muscles, and strengthen legs and arms by following the video tape of chair-based exercises.

Please Note: Space is limited to the first 25 people and there is no saving chairs for other people.

Hand & Foot

Fridays • 1:00 PM

Hand & Foot is a card game related to canasta. Depending on number of players, this can be played in singles or doubles. Learn how to play this fun game at the large table outside the lunch room.

Bingo Programs

*** NO BINGO 11/11, 12/23 & 12/30**

- **Wednesdays, Weekly 1:15-3:30 PM**
- Cash prizes (determined by # of players).
- Minimum buy-in is one game pack (\$5 for 10 games / 6 cards per game). Extra packs are \$4 each (players must play their own cards, no splitting/sharing of packs). Optional Double Action is \$1 per card. Ink daubers \$1 each.
- Bingo sessions are for ages 18 and up, and Senior Center membership is not required.

Genealogy Research

2nd & 4th Thursdays • 1:00-3:00 PM

Have you ever wondered where your family originated? Now's your chance to research it! The instructor has researched her own family tree and helped many others get started. A material fee of \$5 is payable to the teacher (Roxann Wahl) for a Genealogy Research Guide.

Computers

Senior Center members can use the public access computers at the Senior Center on a first come first serve basis. There is a 30 minute time limit when people are waiting.

Technology Tutoring For Seniors

Fridays • 3:30 PM-4:30 PM

Did you get a new device but aren't sure how to use it? Help is here! Students from Teach Seniors Technology (TST) will meet with you one on one. FREE!

Qigong

Wednesdays • 3:00 - 4:00 PM

Qigong is an effective exercise similar to Tai Chi that uses gentle movements. You should wear comfortable clothing & appropriate shoes.

Pickleball

Tuesdays • 1:30 PM – 4:00PM

Open play. Cross between tennis, badminton and ping pong!

Movie Day

2nd & 4th Mondays of Month • 1:00 PM

Free movie and popcorn! Upcoming movie info is posted on the Senior Center’s bulletin board. We take suggestions on movies to show.

Bridge—Party Style

Mondays-Fridays • 1:00-4:00 PM

Tables are available for players to form their own groups. If you want to learn or need a refresher course, lessons are available on Mondays, 1:00-4:00 PM in the Game Room.

Duplicate Bridge

Tuesdays • 1:00 PM

The same bridge deal is played at each table and scoring is based on relative performance. Players will need a convention card and be ready to play 18 boards. At the end, players will receive the hand record.

Crochet & Knit

Mondays • 9:00-11:30 AM

Work on your crocheting or knitting in a social setting and see what other people are making. If you need help getting started there are plenty of people to learn from!

Book Club

3rd Tuesday of month • 10:30-11:30 AM

Each month the Book Club meets to discuss their recently read book and to receive the next book. The Book Club is limited to 12 people each month. If you are interested, please contact the Front Desk.

Guitar

Wednesdays • 9:30-11:00 AM

If you enjoy playing the guitar, join the Guitar group! You’ll learn different songs and make new friends. Players need to provide their own instrument. Sheet music is provided.

Ukulele

Wednesdays • 1:30-2:30 PM

Bring your ukulele and join in the fun! It’s a great place to learn if you don’t know how to play.

Shall We Dance

Fridays • 1:30 PM

Exercise while having fun! This afternoon social dance session features mostly line and folk dances so there’s no need for a partner!

Please Note: Space is limited to 40 people.

Game Rooms

The Senior Center has two rooms for games. One features five tables for playing table-top games (i.e. cards, tile, board games) and is reserved for bridge lessons on Monday afternoons. The other room has two pool tables and three ping pong tables. Time limit for games are 15 minutes for Ping Pong and 20 minutes for pool.

Mandarin-Speaking Programs

The following drop-in programs are offered at the Senior Center and instruction is in Mandarin. Senior Center Membership is required.

Chinese Folk Dance	Mon	9:00-10:00 AM
Chinese Karaoke	Mon	1:00-3:30 PM
Yuen Chi Dance	Tue	1:30-3:00 PM
Chinese Crafts	Wed	9:00-11:30 AM
Ballroom Dance	Thurs	1:30-3:30 PM
Calligraphy	Fri	9:30-11:30 AM
Chinese Chorus	Fri	9:30-11:00 AM
Chinese Folk Dance	Fri	11:00 AM-Noon

BARBARA LEE SENIOR CENTER AT A GLANCE

November & December 2015

November 2nd-25th: See's Candy Sales

Monday, November 2nd: Muscle & Skeletal Pain

Tuesday, November 3rd: New Member Orient.

Thursday, November 5th: Blue Shield Enrollment

Friday, November 6th: Stanford Healthcare Enroll.

Monday, November 9th: Class Enrollment Begins

Tuesday, November 10th: Housing Discrimination

Tuesday, November 10th: Veteran Burial Pres.

Wednesday, November 11th: Holiday / Closed

Thursday, November 12th: MediCare Enrollment

Friday, November 13th: CareMore Enrollment

Friday, November 20th: Alignment Health Enroll.

Tuesday, November 24th: Kaiser Enrollment

Thursday, November 26th: Holiday / Closed

Friday, November 27th: Holiday / Closed

Thursday, December 10th: Beating Holiday Blues

Tuesday, December 15th: Birthday Celebration

Tuesday, December 15th: Cookie Exchange

Friday, December 18th: Holiday Luncheon

Tuesday, December 22nd: Kaiser Enrollment

Thursday, December 24th: Holiday / Closed

Friday, December 25th: Holiday / Closed

Tuesday, December 29th: New Year Lunch

Friday, January 1st: Holiday / Closed

DON'T FORGET!

Technology Tutoring For Seniors

Fridays, 3:30-4:30 pm

Did you get a new phone, tablet or laptop and aren't sure how to use it, have questions on some of its features, or how to set up safeguards on it? Help is on the way! Students from Teach Seniors Technology (TST) will meet with you one-on-one and assist with your questions about social networking, surfing the web, the operation of basic computers, or how to use your new devices. TST can also help you learn about internet safety. **Free!**



HOLIDAY HOURS



The Senior Center will be closed on:

- Wednesday, November 11th
- Thursday & Friday, November 26th & 27th
- Thursday & Friday, December 24th & 25th
 - Friday, January 1st

The Senior Center will close at 1:30 PM on:

- Monday-Wednesday, December 21st-23rd
- Monday-Thursday, December 28th-31st

Only lunch program, drop in activities & case management appointments will be offered during the weeks of December 21st and December 28th